

# Practical relationship education for stronger families and healthier communities.

Non-clinical · Measurable · Community-based · Grant-ready

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## WHY THIS WORK MATTERS

Most people are expected to navigate communication breakdown, emotional pressure, and major life transitions without ever being taught the skills that help relationships hold under stress.

Relational Impact Institute addresses this upstream gap through practical, community-based education — building communication, regulation, repair, and relational leadership before crisis becomes the only catalyst for change.

## OUR METHOD

**Revelation-Integration Model (RIM).** A four-stage structured learning method guiding participants through Revelation, Stabilization, Reframe, and Integration — from insight to lasting behavioral change.

**RQ Index — Eight-Domain Measurement Framework.** Tracks observable growth across eight behavioral domains: Emotional Self-Regulation, Relational Safety, Relational Trust, Communication Stability, Empathic Accuracy, Repair & Recovery Agility, Perspective Integration, and Relational Impact Awareness.

## AT A GLANCE

|                                                               |                                      |                    |                                |
|---------------------------------------------------------------|--------------------------------------|--------------------|--------------------------------|
| 501(c)(3)<br>GRANTED 7/2/2026,<br>RETROACTIVE TO<br>INCEPTION | 80%+<br>PROGRAM<br>PERCENTAGE TARGET | 7<br>CORE PROGRAMS | 8<br>RQ MEASUREMENT<br>DOMAINS |
|---------------------------------------------------------------|--------------------------------------|--------------------|--------------------------------|

## PROGRAM PORTFOLIO

- **Community Relationship Education.** Workshops and cohorts for individuals, couples, and communities.
- **Family Resilience Education.** Communication, regulation, and repair tools for parents and families.
- **Men's Relational Leadership.** 8–12 week cohorts building steadiness and relational leadership.
- **Midlife & Menopause Support.** Relationship education for couples and families navigating midlife transition.
- **Midlife Health Literacy & Education Initiative.** Independent, evidence-based education on menopause and midlife transition — carried publicly through MenopauseDigest, operated without advertising or sponsored content.
- **Community Educator Training.** Train-the-trainer certification pathway for nonprofit and ministry leaders.
- **Digital Learning & AI-Enabled Access.** Technology-supported modules extending program reach and continuity.

## INTELLECTUAL GROUNDING

The RQ Index draws from an evolving cross-disciplinary landscape spanning leadership, psychology, education, communication, and clinical research — informed by contributions from Dharius Daniels, Isabelle C. Hau, RQ Lab, Steven C. Hayes, Amir Levine & Rachel Heller, and Leslie Baxter & Barbara Montgomery.

## FUNDER ALIGNMENT

Our model aligns with grantmaking priorities focused on:

- Community education
- Mental health education
- Men's leadership development
- Measurable behavioral outcomes
- Family wellbeing and stability
- Women's midlife health & health literacy
- Community resilience
- Independent, evidence-based health education

## FUNDER READINESS

**Measurable Impact.** RQ Index provides observable growth indicators across eight behavioral domains.

**Operational Stewardship.** 80%+ program percentage target through lean, technology-enabled operations.

**Scalable Delivery.** Flexible community partnership model for diverse geographic settings.

**Stage Transparency.** Recognized 501(c)(3) nonprofit. Tax-exempt status granted July 2, 2026, retroactive to inception. Building evaluation infrastructure through initial pilot programs.

## WAYS TO SUPPORT

- Pilot program delivery
- Evaluation infrastructure
- Digital access and innovation
- Program sponsorship
- Community educator training
- Foundational organizational capacity